



UNDERSTANDING SELF & OTHERS

Weekly process group for graduate and professional students

Join us to:

- Build intimacy with others through mutual vulnerability
- Experiment with different ways of interacting with others
- Receive feedback, so you can know how you impact others
- Give feedback, so you can learn how to better communicate your reactions, feelings, and thoughts.

Wednesdays 1:00-2:30 pm

**Center for
Counseling and
Psychological Services**

For more information, please contact
Kristin Miserocchi, Ph.D. (kmiserocchi@wustl.edu)
Yujia Lei, Ph.D. (leiyujia@wustl.edu)