



MY

NOT-SO-PERFECT

FAMILY

*A weekly process group for all students*

A supportive and safe space to gain insight into how abusive and toxic family dynamics impact how you view yourself, how you view the world, and how you relate to others.

**Fridays 10:00-11:30 am**

For more information, please contact  
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***Center for Counseling and  
Psychological Services***

