

Trans Resources

[St. Louis Queer Support Hotline \(SQSH\)](#)

(314) 380-7774

- Centered around emotional, identity-affirming support for LGBTQIA+ individuals in the St. Louis metropolitan area.

[Midwest Regional Office at Lambda Legal](#)

(312) 663-4413

[TimelyCare](#) at WashU

[Rapid Access Counseling](#)

(314) 935-6695

[Trans Lifeline](#)

(877) 565-8860

[Metro Trans Umbrella Group \(MTUG\)](#)

(314) 349-1402

- Group helps support Trans and gender expansive St. Louis community and includes an active list of trans-inclusive healthcare workers.

[Trevor Project](#)

(212) 695-8650