



UNDERSTANDING SELF & OTHERS

Weekly process group for graduate and professional students

Join us to:

- Build intimacy with others through mutual vulnerability
- Experiment with different ways of interacting with others
- Receive feedback, so you can know how you impact others
- Give feedback, so you can learn how to better communicate your reactions, feelings, and thoughts.

WEDNESDAYS, 11:00 AM - 12:30 PM
IN-PERSON