

# Mental Health Referrals Danforth Campus



## Non-urgent referrals

- **Professional Mental Health Resources:**

Habif Health and Wellness : (314) 935-6695, (M, Tu, Th, Fri 8 to 5; Wed 10 to 5)

[MHSCoordinator@wustl.edu](mailto:MHSCoordinator@wustl.edu)

Book an appointment on the student portal

<https://students.wustl.edu/mental-health-treatment-direct-support-services/>

**Let's Talk** – Drop-in, Free, Confidential Consultation with a Counselor

<https://students.wustl.edu/lets-talk/>

**TimelyCare** - 24/7/365 support: [www.timelycare.com/wustl](http://www.timelycare.com/wustl)

Free virtual mental health care anytime, anywhere

The student will download the TimelyCare app and use their WashU email to register

## Urgent Referrals

**Habif Health and Wellness:** (314) 935-6695 (M, Tu, Th, Fri 8 to 5; Wed 10 to 5)

**TimelyCare** 24/7/365 support: [www.timelycare.com/wustl](http://www.timelycare.com/wustl)

The student will download the TimelyCare app and use their WashU email to register

The **Talk Now** counselor will assess the situation and determine the next steps

**WUPD** - (314) 935-5555 Concerns for the immediate safety of the student or yourself

## Crisis Support

**TimelyCare** 24/7/365 support: [www.timelycare.com/wustl](http://www.timelycare.com/wustl)

The student will download the TimelyCare app and use their WashU email to register

The **Talk Now** counselor will assess the situation and determine the next steps

**988 National Suicide & Crisis Hotline**

Call or text 988 anytime, anywhere

**Crisis Text Line:** Text "HOME" to 741741. For BIPOC support, text "STEVE" to 741741