SARAH - SEXUAL ASSAULT & RAPE ANONYMOUS HELPLINE
SARAH.WUSTL.EDU/
314-935-5099
Available 24/7 during academic semesters
SARAH is a confidential helpline that supports students on topics including (but not limited to) feelings, sexual assault, sexual harassment, intimate partner and sexual violence, and relationships.

LEADERS IN INTERPERSONAL VIOLENCE EDUCATION (LIVE)
LIVEWASHU@GMAIL.COM
LIVE is a student group that seeks to educate the Washington University community on topics of interpersonal violence. Trainings, workshops, and events are available to all student groups, facilitated by LIVE.

AFFILIATED WITH WASHU
- LGBT Center of St. Louis
- Planned Parenthood
- St. Louis City Health Stop
- Vivent Health

UNAFFILIATED WITH WASHU
- Contraceptive Choice Center
- Division of Infectious Diseases Clinic
- Project ARK and the SPOT
- MTUG - Metro Trans Umbrella Group

There are many resources for navigating identities including peer mentorship, a free LGBTQIA+ retreat, student groups, and regular programming & events. Habif Health & Wellness offers high quality services, affirming all sexual orientations and gender identities.

UNDERGRADUATE LBGTQIA+ GROUPS: Pride Alliance, WashU Athlete Ally, Open, Safe Zones, Transcending Gender, WashU Ace & Allies
GRADUATE LBGTQIA+ GROUPS: OUTgraduate, BiO, School Security & Gender Alliance, Olin BranchOut, STEM@WashU, OUTLaw, OUTmed, LGBTQ+ Med

HABIF HEALTH PROMOTION SERVICES
HABIF - MEDICAL SERVICES
EMAIL | HABIFNURSING@WUSTL.EDU
Schedule a medical appointment online via your student portal: https://students.wustl.edu/student-portal-habif/
- STI screening and treatment/PrEP/HPV vaccine
- Pregnancy concerns
- Contraception services including IUD/emergency contraception
- Routine & primary care

HABIF - MENTAL HEALTH SERVICES
314-935-6695 | MHSCORDINATOR@WUSTL.EDU
To begin counseling or continue counseling services, schedule a virtual consultation at https://habif.wustl.edu. Sexual health topics in individual counseling include identity, sexuality, relationships, trauma, etc. Couples and group counseling are also available. Visit Habif’s mental health treatment & support services directory online.

THE RSVP CENTER
314-935-3445 | RSVPCENTER@WUSTL.EDU
- Relationship & Sexual Violence Prevention Center - Seigle Hall 455
- Brief counseling services for individuals who’ve been impacted by interpersonal violence or have close relationships with survivors
- Relationship, sexual violence, and stalking prevention programming

OFF-CAMPUS COMMUNITY RESOURCES
AFFILIATED WITH WASHU
- LGBT Center of St. Louis
- Planned Parenthood
- St. Louis City Health Stop
- Vivent Health

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HEALTH PROMOTION SERVICES
students.wustl.edu/health-promotion-services/

HABIF HEALTH PROMOTION SERVICES
WASHU HABIF | WELLNESS@WUSTL.EDU
- Confidential consultations with a sexual health expert in the Zenker Wellness Suite, Samers Recreation Center Room 505
- Tips regarding reducing risk for infection and unintended pregnancy
- Resources for consent, pleasurable sex, and healthy relationships
- Resources for alcohol, drug use, and other safer sex supplies & sexual health information distribution efforts
- Frisky Fridays - outreach and communications
- Free pregnancy tests and related resources at the Habif Health and Wellness Center front desk and in the Zenker Wellness Suite

STUDENT-RUN RESOURCES

STAY WELL DO WELL.
STAY WELL DO WELL.