



## PRESCRIBED USE

Benzodiazepines are used to treat generalized anxiety disorder, panic disorder, social anxiety disorder & various other phobias.

## WHY IS IT A CONTROLLED SUBSTANCE?

- Combining with other substances, particularly alcohol, can slow breathing and possibly lead to death.
- Great potential for dependency, abuse, addictive behavior
- Causes withdrawal

## STREET NAMES

- Benzos
- Xannies
- Bars
- Zanbars

## WHEN MISUSED...

- Symptoms similar to intoxication
- Nausea or vomiting
- Blurred or double vision
- Memory problems like amnesia or forgetfulness
- Lack of focus or confusion
- Lack of coordination & tremors

## SERIOUS SIDE EFFECTS

- Paranoid or suicidal ideation
- Impaired memory, judgment, & coordination
- Coma

## XANAX & OTHERS



## MEDICATIONS

- Valium
- Restoril
- Ativan

## LESS SERIOUS SIDE EFFECTS

- Drowsiness, dizziness & fatigue
- Headaches & difficulty concentrating
- Changes in sex drive & performance
- Depression and other changes in mood
- Weight changes & constipation
- Difficulty urinating
- Skin rashes
- Seizures
- Shortness of Breath
- Memory problems

## OTHER NAMES

Alprazolam  
Niravam

## SOURCES

- <http://www.narconon.org/drug-abuse/xanax-effects.html>
- <http://drugabuse.com/library/the-effects-of-xanax-use/>
- <https://www.teenrehabcenter.org/resources/street-names-for-drugs/>

