Resilient Individuals Sharing Experiences

Students who self-identify as Black/African-American are invited to discuss challenges and strengths while acknowledging unique and shared experiences as students of color on campus. Options for support and helpful coping strategies are also explored re: the management of stress dealing with pervasive racial injustice and inequality in society.

FACILITATED BY KAROLYN SENTER, PH.D., LPC
MONDAYS, 3:30 - 4:45PM
SEPTEMBER 14 - DECEMBER 7

Contact Dr. Senter at karolynsenter@wustl.edu to express interest and for access to the Zoom link.