Connecting in a Time of Isolation

FOR UNDERGRADUATE STUDENTS

A supportive space to connect with other undergraduate students related to the experience of being a college student during this strange time. Topics may include: College life during COVID-19; building and maintaining healthy relationships; adjusting to being away from home; academic stress and COVID-19; and many more.

This group will meet for 90 minutes weekly. Meeting date and time to come soon.

For questions and to register, students can contact Kristin Miserocchi, Ph.D. (kmiserocchi@wustl.edu).

Due to licensure laws, this group is only open to students located in Missouri

Habif Health and Wellness Center

STUDENT AFFAIRS AT WASHINGTON UNIVERSITY