Small Steps, Big Reward

A THERAPY GROUP FOR STUDENTS IN RECOVERY FROM SUBSTANCE USE

We won’t kid you. Change is hard. And – change doesn’t happen all at once. It takes time, energy, and support. Whether you’re just starting out, or have a long time in, this group helps you know yourself better so you can achieve your goals.

WEDNESDAYS | 4-5:30PM
THE VILLAGE HOUSE*
BEGINNS SEP. 11

Email Nina Chastain, MSW, LCSW (antonina@wustl.edu) or Kristin Miserocchi, Ph.D. (kmiserocchi@wustl.edu) for more information.
Students can contact group leaders up until October 11 to still join the group.
*Due to privacy, we do not disclose the exact location of the meeting space.